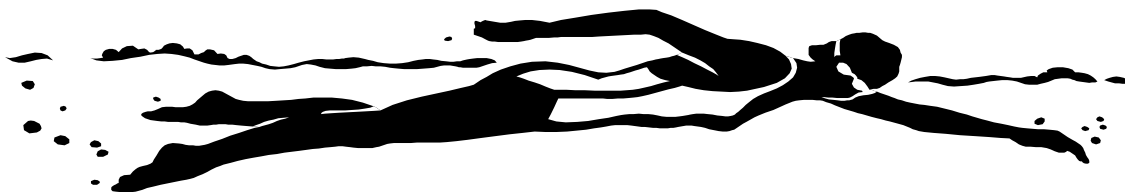


FOREST HILLS SWIM CLUB



WINTER IS ALMOST OVER HOPEFULLY!!!!

POOL SEASON IS JUST AROUND THE CORNER!!!!!!

WE ARE LOOKING FORWARD TO HAVING YOU BACK THIS YEAR.

In 2019, most of our experienced staff is returning. Erik will be leading our pool staff. An experienced and trained staff helps make Forest Hills the best pool in the area.

We will be continuing our activities to upgrade your pool facilities. Your comments are an important part of this process, and we encourage your input. My email address is mlynch1423@aol.com. Forest Hills is your Swim Club and your suggestions are **important**.

Our swim team is at work planning and coordinating with the other pools and the Roanoke Valley Aquatic Association (RVAA) concerning swim meets, city/county championships as well as other fun-filled activities to make for a successful year. Swimming is the best sport for children and adults alike. **We want to encourage all members to come out and participate with our swim team.** Erik Largen will be leading the finest coaching staff in the valley. **(MAKE SURE YOU CONGRATULATE COACH ERIK ON HIS FOURTH STRAIGHT TRIPLE A STATE CHAMPIONSHIP HIGH SCHOOL SWIM TEAM)** We need your help in supporting the team. Every year we struggle with getting volunteers so **PLEASE help out.** Everyone will be asked to help with the volunteer positions to run the swim team. **A handful of people can not do it all.** If everyone will do a little, then it is not a huge burden on a few people. **The league struggles with finding judges at the swim meets so please consider volunteering.**

We will be announcing an informational and sign-up meeting at a later date. Enclosed on the other white sheet is the swim team application on one side and more swim team information on the opposite side. Please come out and show your support for the "Oscars", by participating with the team.

The pool will open May 25th. The normal pool hours are Monday thru Saturday 11:00 a.m. to 8:00pm and Sunday 1:00 p.m. to 8:00 p.m. Early in the season and late in the season with the changing of the school schedule we may have to change those hours. We will notify members in advance with any change thru FACEBOOK, FOREST HILLS WEBSITE AND POSTINGS AT THE POOL. The website and FACEBOOK will contain all the pool and swim team information as well as updates that may take place. The address is **foresthillsswimclub.com**. The website will contain all the forms and information you may need. The pool and the office number is 540-776-8501. As in the past, **members will be asked to sign-in at the front desk when you enter.**

Thank you for the past support. Remember the 2019 swim season is just around the corner, ***so make your plans to join the Club NOW to receive your \$30 discount. The back of this letter has the membership application. Also included in this package is a half sheet which is the \$25.00 referral rebate*** for members who refer new families to the pool.

Forest Hills Swim Club P.O. Box 1425 Salem VA 24153
Phone: Mark Lynch 776-8501 or EMAIL MLYNCH1423@AOL.COM