



Dear Forest Hills Member:

The weather is finally getting warmer and the pool season is almost here. We would like to thank everyone for joining Forest Hills in the past because we realize that there are other pools available. Your support allows us to continue to upgrade the facilities and we look forward to your support this year.

In 2011, we are excited because the majority of our experienced staff is returning. Erik will be leading our pool staff with many of returning guards and some new ones. Most of the new guards you will know because they are Forest Hill members. We are pleased that everyone can return. An experienced and trained staff helps make Forest Hills the best pool around.

We will be continuing our activities to upgrade your pool facilities. We are committed to always improving the club each year. Your comments are an important part of this process, and we encourage your input. My email address is [mlynch1423@aol.com](mailto:mlynch1423@aol.com). Forest Hills is your Swim Club and your suggestions are **important**.

Our swim team is hard at work planning and coordinating with the other pools and the Roanoke Valley Aquatic Association (RVAA) concerning swim meets, city/county championships as well as organizing for splash nights, ice cream parties and other fun-filled activities to make for a successful year. Swimming is the best sport for children and adults alike to come out and get some exercise. **We want to encourage all members to come out and participate with our swim team. In an effort to support this cause we are waiving the swim team registration fees for this year for all new swimmers and returning swimmers as well as any swimmers who move over from other clubs.** Erik Lergen will be leading the finest coaching staff in the valley. Rebecca Muzzy will be managing our team. Stephen McTigue will be helping when he can but his work schedule will not allow him to manage. We need swimmers and your support to have a great swim team season. Everyone will be asked to help Rebecca with the volunteer positions to run the swim team. **A handful of people can not do it all.** If everyone will do a little then it is not a huge burden on a few people.

**The swim team kicks off with tune-ups on May 14<sup>th</sup> at 2:15 at the Gator Center. The enclosed green sheet has the swim team application on one side and other swim team information on the opposite side.** Please come out and show your support for the “Oscars”, by participating with the team.

The pool will open May 28 and follow the Roanoke County School Schedule. The normal pool hours once school is out will be Monday through Saturday 11:00 a.m. to 8:00 p.m. and Sunday 1:00 p.m. to 8:00 p.m. The website and FACEBOOK will contain all the pool and swim team information as well as updates during the summer. The address is **foreshillsswimclub.com**. The website will contain all the forms and information you may need. The pool and the office number is 540-776-8501. **The pool fees and swim team fees will be the same as last year except for the free swim team registration fee mention above.** As in the past, **members will be asked to sign-in at the front desk when you enter.**

Thank you for the past support. Remember the 2011 swim season is just around the corner, ***so make your plans to join the Club Now to receive your \$30 discount. The back of this yellow sheet has the membership application.*** The pink referral rebate sheet is for members who refer new families to the pool.